

Hepatofilin®
ACTIVATES THE BODY'S
NATURAL BIOFILTER
Food Supplement

Hepatofilin®
LIVER AND GALLBLADDER

INDICATION: Hepatofilin® maintains the normal function of the liver, the gallbladder and bile ducts. The antioxidants it contains help protect liver cells from oxidative stress, maintain the functional state of their membranes, and support digestion.

ACTION: Each component in Hepatofilin® plays an important role in the health of the liver and gallbladder, as well as the entire digestive tract and excretory system.

Liver

The liver is the organ that eliminates waste products and toxic substances that have entered the human body. It is our natural biofilter, but the more we burden it, the greater the risk of it becoming "clogged." Fortunately, the liver is able to regenerate itself – a process that we could support in a completely natural way. The milk thistle extract contained in Hepatofilin® is one of the most widely studied botanical ingredients for liver health. The most valuable ingredient in it is the flavonoid silymarin. The positive effect of silymarin on liver cells is the result of competitive interaction with the receptors for the corresponding toxins in the hepatocyte membrane. Silymarin binds to free radicals and reduces the adverse effects of toxic substances. It supports the regenerative functions of liver cells by stimulating the synthesis of proteins and phospholipids in hepatocytes. Medical review prepared in 2022 by an international group of experts provides a consensus recommendation** for the use of silymarin for toxic liver damage caused by alcohol, drugs, hepatitis, poisons, etc.

Artichoke extract has an additional beneficial effect on liver function. It is particularly rich in cynarine and caffeoylquinic acid – powerful antioxidants that support the detoxifying functions of liver cells. Soybean and flaxseed oils are also extremely beneficial, as they are a rich source of phospholipids and omega-3

polyunsaturated fatty acids. These substances help metabolize fats and regulate serum cholesterol levels, which in turn relieves the work of the liver.

Gallbladder

Located just below the liver, the gallbladder works in direct interaction with it. The gallbladder collects bile – a substance produced by the liver that helps break down fats in food – and concentrates it, then empties it into the small intestine during digestion. Thanks to this close relationship, impaired function of one organ inevitably negatively affects the work of the other. This is precisely why dandelion extract is included in the Hepatofilin® formula. The latter contains biologically active substances that support bile secretion and the normal functioning of the digestive system. Their effect reduces the risk of gallstone formation and also favours the activity of the gallbladder when they are already present. Milk thistle and artichoke extracts have an additional beneficial effect in this direction. Hepatofilin® is also extremely suitable for people whose gallbladder has been removed.

Kidneys and urinary tract

Liver function is closely related to the proper functioning of the excretory system – particularly the kidneys, as urine is one of the main pathways through which the body rids itself of toxins. Therefore, it is no coincidence that the artichoke and dandelion contained in Hepatofilin® help with the excretion of urine.

Digestion

The effects of milk thistle, artichoke, and dandelion on digestion have long been known. Milk thistle supports metabolism, and dandelion is a natural source of inulin, a prebiotic substance that serves as food for the "good" bacteria in the intestines. The cynarine contained in artichoke reduces intestinal gas and abdominal bloating.

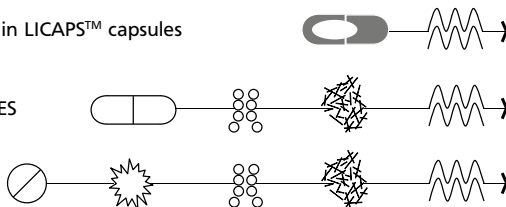
LIQUID FORMULATION BENEFITS OVER POWDER

Licaps

Hepatofilin® liquid in LICAPSTM capsules

POWDER IN CAPSULES

TABLETS



LICAPSTM capsules release substances very rapidly.

Compared to solid forms, such as tablets, the ingredients found in LICAPSTM are released very quickly because they are pre-dissolved. The dissolution of LICAPSTM is always constant*.

* Benet, L.Z. Biopharmaceutics as a basis for the design of drug products. 1973.

LICAPSTM ENCAPSULATION TECHNOLOGY

Hepatofilin® is produced in France as per LICAPSTM patented technology for liquid extracts filled in hard gelatine capsules. This special process eliminates the heat treatment of the active substance and thus allows preserving its useful properties to the maximum extent and guarantees its fast and complete absorption by the organism.

RECOMMENDED DAILY DOSE: Take 1 capsule twice daily after meals. The course should last 3–6 months without interruption. For sustainable results and maintaining the health of the liver and gallbladder, take Hepatofilin® at least 1–2 times a year. The product can be taken all year round.

CONTENT: Flaxseed oil (*Linum usitatissimum* L.) with 40.5% alpha-linolenic acid (ALA); milk thistle seed dry extract (*Silybum marianum* L.) with a total of 80% silymarin; fish gelatine (capsule shell); mono- and diglycerides of fatty acids (thickener); artichoke aerial parts dry extract (*Cynara cardunculus* L.), of which 5% cynarine and 3% caffeoylquinic acid; dandelion root dry extract (*Taraxacum officinale*); soybean oil, refined (*Glycine max* (L.) Merr.); iron oxide (colour).

****Narrative Review. Silymarin for Treating Toxic Liver Disease: International Consensus Recommendations. Gastro Hep Advances 2022;1:882–893**

Ingredients of the recommended daily dose

2 capsules

Flaxseed oil (<i>Linum usitatissimum</i> L.) of which ALA	600 mg 243 mg
Milk thistle seed extract (<i>Silybum marianum</i> L.) of which silymarin	200 mg 160 mg
Artichoke aerial parts extract (<i>Cynara cardunculus</i> L.) of which cynarine caffeoylquinic acid	80 mg 4 mg 2.4 mg
Dandelion root extract (<i>Taraxacum officinale</i>)	60 mg
Soybean oil, refined (<i>Glycine max</i> (L.) Merr.)	48 mg

STORAGE CONDITIONS: Keep at room temperature (10° – 30°C), do not expose to direct light. Keep out of the reach of children.

WARNINGS: Do not use if you are hypersensitive to any of the ingredients. Do not exceed the recommended daily dose. Do not use the product as substitute to the balanced diet!

LICAPSTM gelatin capsules are:



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